

Colonoscopy Prep

Nulytely/Golytely/Trilyte

First you will need to fill your prescription at the pharmacy and purchase four (4) Dulcolax tablets.

To mix the solution, you will add warm water to the top line on your bottle. Cap the bottle and shake well to dissolve the powder. The reconstituted solution will be clear and colorless. This laxative can be refrigerated overnight. The solution must be used the next day.

The day before the Procedure:

At 12:00 noon take four (4) Dulcolax tablets.

Anywhere between 4:00 p.m. and 6:00 p.m., begin drinking the solution. Drink one (8 ounce) glass every 10-15 minutes. It is best to try to drink each glass quickly rather than sipping it. You may space out the glasses to one half hour if absolutely necessary.

After you finish the prep, it is important to continue drinking clear liquids. You may have clear liquids until midnight.