

Mercy Medical Center

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ENDOSCOPIC ULTRASOUND

(EUS)

INSTRUCTIONS

It is essential that you call your insurance company today and ask if this procedure needs precertification. Record the name of the person you spoke with and the date. After you call your insurance company/companies, please call our office at 330-305-2020 and let us know whether or not precertification is necessary. We will ask for the name and date to be documented in your chart. If needed, we will then call and get the authorization.

STOP all of these medications **THREE DAYS** before procedure:

Celebrex, Ticlid, Lodene, Relafen, or any other anti-inflammatory medication.

STOP all of these medications **ONE WEEK** before procedure:

Aspirin, Aleve, Advil, Ibuprofen, Motrin or Plavix (Note: you can use Tylenol if you have pain.) Also all herbs should be discontinued because many of them cause blood thinning.

COUMADIN needs to be **STOPPED FOUR OR FIVE DAYS** before procedure.

You will need to check with the doctor who prescribed this medication to see if it is OK to do this.

The only medication you will take the morning of your procedure is your heart, blood pressure and seizure disorder medication with a sip of water. You can also use any of your inhalers.

EUS

Your doctor has requested that you have a procedure known as an EUS. This endoscopic ultrasound procedure allows the doctor to look directly at the lining of the upper gut with ultrasound, while showing the structures beneath the lining. This is done using an ultrasound scope; this is a long flexible tube (thinner than your little finger) with a light at the end. It is passed into the mouth and down the esophagus and stomach into the duodenum. There is also a rectal EUS procedure that is performed via the rectum. The procedure may cause a little discomfort and is performed under a conscious sedation. It can take between 10 and 20 minutes, but if it takes longer, you should not worry. Sometimes tissue or fluid samples are taken by passing a small needle through the scope to obtain the samples which are then sent for analysis. During the examination, you will be given medications that will make it unsafe for you to drive. For this reason, you must have someone available to take you home or the examination will be canceled. If you are unable to have someone travel with you on the day of your appointment, your test will be rescheduled. Please allow a minimum of two hours for the examination and the rest period to follow.

Please bring your CT and/or X-ray films with you the day of your procedure. Please check with the office in case we have the films already at the office.

PROCEDURE PREPARATIONS

ESOPHAGEAL EUS

1. Do not eat or drink anything after midnight before the exam.
2. The medication you will take the morning of your procedure is blood pressure medication with a sip of water. You can use any inhalers.

PANCREATIC EUS

1. Do not eat or drink anything after midnight before the exam.
2. The medication you will take the morning of your procedure is blood pressure medication with a sip of water. You can use any inhalers.

RECTAL EUS

1. Do not eat or drink anything after midnight before the exam.
2. The medication you will take the morning of your procedure is blood pressure medication with a sip of water. You can use any inhalers.
3. **Rectal EUS Prep (Use only one of the marked preps below).**
 - a. Two fleets enemas one hour before leaving home.
 - b. Colon Prep – See attached colon prep sheet.

PREPARATION FOR DIABETICS FOR EUS PROCEDURE

Nothing by mouth after midnight the night before your procedure except for a clear liquid breakfast that morning before 7 a.m.

Insulin dependent – take half of your usual AM dose of insulin; bring the rest with you to the hospital.

Oral diabetic medication – do not take any of your diabetic medications that morning; bring it with you to the hospital.

Nothing at all to eat or drink after 7 a.m.

If you have any questions, please call the office for assistance.